

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	Selection of cereals or toast with vitality butter. Allergens: Oats, barley and wheat	Selection of cereals or toast with vitality butter. Allergens: Oats, barley and wheat	Selection of cereals or toast with vitality butter. Allergens: Oats, barley and wheat	Selection of cereals or toast with vitality butter. Allergens: Oats, barley and wheat	Selection of cereals or toast with vitality butter. Allergens: Oats, barley and wheat
MORNING SNACK	Breadstick with vegan sour cream dip and cucumber Allergens: Wheat May contain: Sesame and soya	Rice cakes and grapes Allergens: May contain: Milk, sesame and soya	Breadstick with vegan sour cream dip and cucumber Allergens: Wheat May contain: Sesame and soya	Rice cakes and grapes Allergens: May contain: Milk, sesame and soya	Breadstick with vegan sour cream dip and cucumber Allergens: Wheat May contain: Sesame and soya
LUNCH	Chicken and vegetable curry and rice Vegan chicken pieces vegetable curry and rice Allergens: Chicken May contain: Mustard, nuts and peanuts	Beef mince chilli con carne with jacket potato and sweetcorn. Vegan mince chilli con carne with jacket potato and sweetcorn Allergens: Beef	Roasted vegetable pasta bake with cheese Roasted vegetable pasta bake with vegan cheese Allergens: Wheat, milk and oats	Creamy chicken, baby potatoes and peas. Creamy vegan chicken, baby potatoes and peas. Allergens: Chicken and milk	Beef shepherd's pie with cauliflower and gravy Vegan mince shepherd's pie with cauliflower and gravy Allergens: Beef
AFTERNOON SNACK	Rice cakes and grapes Allergens: May contain: Milk, sesame and soya	Breadstick with vegan sour cream dip and cucumber Allergens: Wheat May contain: Sesame and soya	Rice cakes and grapes Allergens: May contain: Milk, sesame and soya	Breadstick with vegan sour cream dip and cucumber Allergens: Wheat May contain: Sesame and soya	Rice cakes and grapes Allergens: May contain: Milk, sesame and soya
TEA	Pizza muffins with cheese and peppers Pizza muffins with vegan cheese and peppers Allergens: Soya, wheat, milk and oats	Beans on toast Beans on toast Allergens: Barley, wheat and soya	Mild chicken fajita wrap with cucumber sticks Vegan chicken pieces fajita wrap and cucumber Allergens: Chicken, wheat and soya	Ham ploughman's with pepper sticks Vegan ham ploughman's with pepper sticks Allergens: Pork, soya and wheat	Tomato and basil pasta Tomato and basil pasta Allergens: Wheat

